| Item MS students are offered 2 items per day and can purchase 1 extra item in addition to a milk/juice |  | Price |
| :---: | :---: | :---: |
| Apples/Veggies w/PB/Dip =Apple slices w/ caramel or PB, large cut up fruit \& veggies w/dip or PB |  | 1.50 |
| Bakery/ Pretzel = ALL WG Muffins/Bagels/Rolls/ Warm pretzel (2.2 oz) / WG Donuts \& IW PKG |  | 1.25 |
| Bar /Bag/Beef sticks = Chips, bar \& bag, beef sticks, 1 pk WG poptart, grandma's cookies |  | . 75 |
| Beverages = Bottled \& Canned: zero calorie flavored waters, water, $100 \%$ juice, izze, Soy milk (8 oz) |  | 1.45 |
| Cookie/ Fruit / Cheese = Cookie WG fresh baked, cheese IW packages of string, sticks \& curds, fresh fruit |  | . 55 |
| Cups all 4 oz = Applesauce, pudding, yogurt, strawberries, frozen ice cream cup \& slushies |  | . 55 |
| Dressing/sauce/salsa/peanut butter = extra salad dressing packet, sauce, salsa \& peanut butter |  | . 40 |
| Ice cream = Low fat fruit bars, luigis, orange bar, fudge bar, bomb pops |  | 1.25 |
| Juicy Juice boxes= juicy juicy 6 oz boxes |  | . 75 |
| Milk / Juice cup |  | . 40 |
| Naked Juice/Parfaits $=10 \mathrm{oz}$ Naked juice, yogurt w/fruit parfaits, Smoothie |  | 2.25 |
| Yogurt greek \& 8 oz $=4$ oz greek yogurt \& REGULAR upstates 8 oz |  | . 75 |
| ENTREES | Serving size |  |
| Extra entree Lunch (If a student purchases 1 full lunch the extra entree qualifies) |  | 2.25 |
| Extra entree Break (If a student purchases 1 full breakfast the extra entree qualifies) |  | 1.50 |
| ONLY entree at Breakfast (if a student purchases ONLY the entree at breakfast) |  | 1.75 |
| Fries / all potato and sweet potatoes |  | 2.25 |
| Calzone/ Enchilada |  | 2.75 |
| Chix / nuggets (5) / popcorn (12) / strips (3) / mini corn dogs (6) / pizza taco bites (3) |  | 2.75 |
| Entree/ pasta/ soup cup or large black salad bowl (NOT as a meal) | 6 oz to 8 oz | 2.75 |
| Hot dog / Brat / Corn dog stick |  | 2.50 |
| PB\&J LRG ( 5.3 oz ) |  | 2.00 |
| Pizza / French bread |  | 2.75 |
| Quesadilla/ Cheese dippers (2) / Mozz sticks (6) / Bosco (2) all include 1 sauce cup |  | 2.75 |
| Sandwiches/ all burger/chicken/ ham \& cheese/ wraps/deli |  | 2.75 |

